



# TriYoga with Kaliji

September 4, 2010 - Cincinnati, Ohio

Saturday 1 - 4pm

\$45/\$40 (reduced fee for KRIYA\* members)

**S**ystematically introduced, TriYoga Prasara (Flow) unites breath and focus with dynamic and sustained postures. Experience the inner flow of energy as the movement of body, breath and mudra harmonize.

Kaliji is internationally renowned as a yogini and founder of TriYoga. TriYoga is taught in over 30 countries and 30 centers have been established. Kaliji's presence, her mastery of the flow and the ageless wisdom inherent in TriYoga have inspired and transformed countless lives.

#### Location

##### Cincinnati Yoga School

6125 Ridge Road, Cincinnati, OH 45213  
(1 block west past Montgomery Road)  
Local contact: Mary Kemper 513.368.6242

#### To register for Cincinnati program

##### Pre-registration required

TriYoga International (a non-profit organization)  
PO Box 6367, Malibu, CA 90264  
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\* KRIYA: Kali Ray International Yoga Association

